



## TAO-AFI EU SURVEY

# TELEWORKING & BURNOUT : EVALUATION OF THE PSYCHOSOCIAL RISKS



**How are commission staff coping in these exceptional and demanding times?**

**TAO-AFI**, *the Association of Independents of the European Commission*, identified very early into this difficult period solid evidence of issues that are greatly affecting the strength, mood and motivation of the personnel. These include:

- increasingly demanding working conditions
- difficulty reconciling work and private life
- expectation or even the obligation to work long hours with unrealistic workloads
- poor support from management or unreasonable supervision of staff work resulting in even more stress and

demotivation

- Reduction in team cohesion and personal relationships within teams

Accordingly, **TAO** was amongst the first to alert our administration to the risk of psychological burnout of a significant part of the workforce who were struggling with the new teleworking reality. In parallel, **TAO** proposed specific measures that the administration could adopt with immediate effect to mitigate the threat (please see **TAO's** communication: "[Fighting teleworking burnout](#)")

In order to obtain a fuller picture of the situation, **TAO** kindly invites staff across the institution to give their views on the issue in an anonymous questionnaire. It is essential to efficiently grasp the nature and scale of the issue so that measures can be taken to mitigate against risks. The health, dignity and well-being of the staff must be the priority of any good employer – in compliance with its duty of care.

**Link to access the EU Survey [HERE](#)**

You can connect to the EU-Survey platform via your EU-login or with following password: **TAOAFISURVEY**

**Deadline to take part in this exercise ends on [Friday 11/12/2020](#)**

We thank you in advance for giving us some of your time to complete this questionnaire.

Your **TAO-AFI** team



Executive committee

Your **TAO-AFI** team: Raúl Trujillo Herrera, Rosario de Simone, Marco de Stefano, Andres Font Galarza  
Juan Luis Barbolla Casas, José Bellod, Gillian More, Cristina Perret

**Join TAO-AFI to reinforce the staff's action and to be informed on your rights!**



**TAO-AFI, The Association of Independent Officials**

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